

# That Fabulous Hop Stink

The dirty secret about your hop  
chemistry you need to know

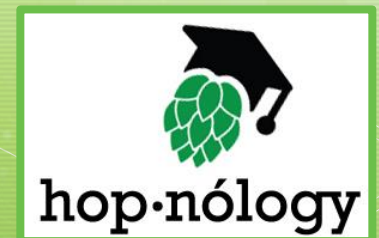
2019 Nebraska Grower and Brewer Conference

James Altwies

*Production and Brewing Science*

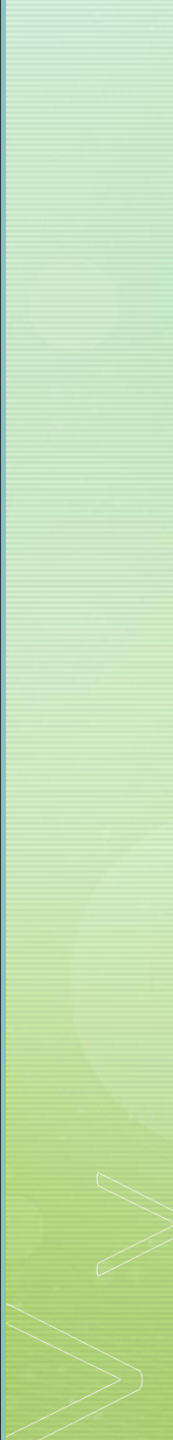
Hopnology

January 14, 2019





# TOPICS

- Quality Parameters
  - Production and Processing
  - Aroma Components
  - Extraction During Brewing
  - Tips for Handling Opened Hops
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# Who is Hopnology?

- Scientists, Business Analysts, Market Specialists, and Industry Experts
- Lecturers at the Siebel Institute
- Business Builders, Food Scientists, and Farmers
- Pioneers in hop and beer aroma chemistry
- 20 years experience in hop production and craft beer business
- Creators of AromaSmart<sup>©</sup> hop technology

## Hops Quality

Maintain the characteristics of the freshly picked Hop cones while ensuring stability over time



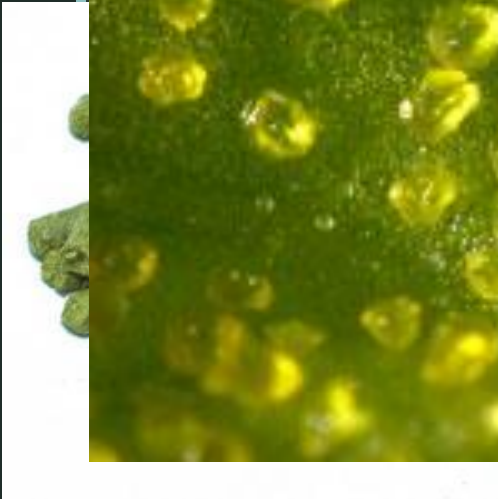
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# From Field to Kettle



# Aromatic Issues

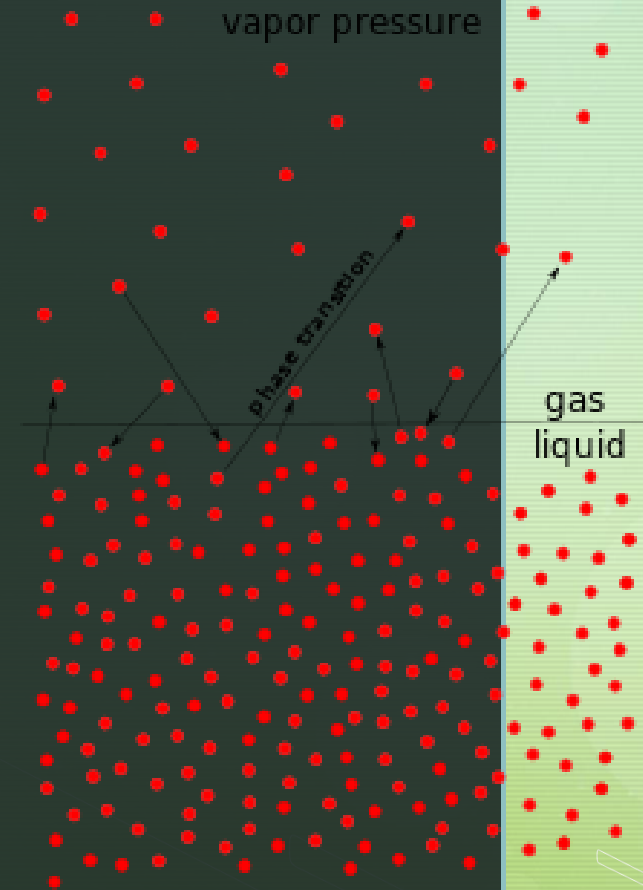
- Aromatics are very volatile, heat sensitive, and susceptible to oxidative damage
- Processing issues responsible for damaging aroma profile
  - Improper drying
  - Overheated or improper pelletizing
    - Incorrect pellet density
  - Incorrect packaging
  - Poor storage conditions

# Vapor Pressure

Pressure exerted by a vapor in thermodynamic equilibrium with its condensed phase at a given temperature in a closed system

- Boiling point

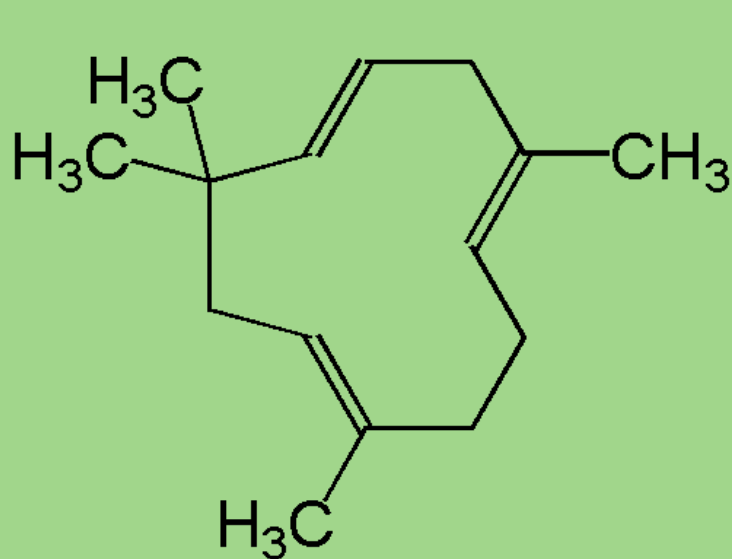
Pressure from molecule vapor equals the atmospheric pressure



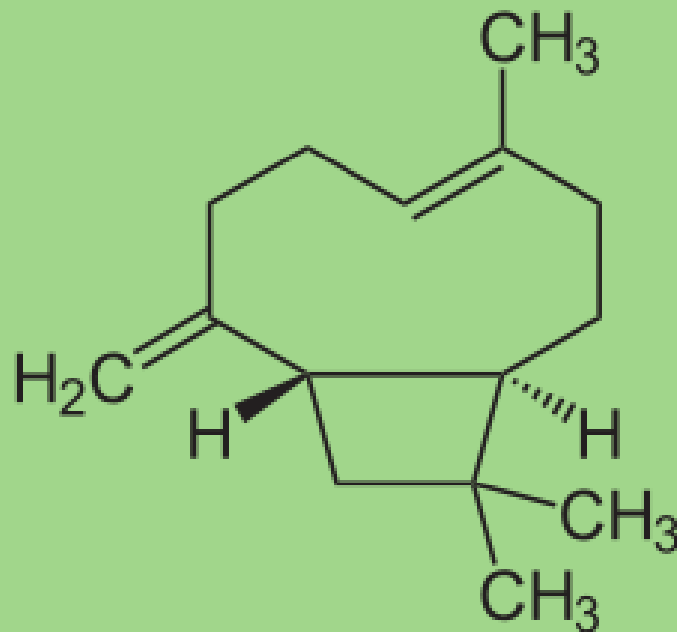
# Essential Oils, but....

- Four main oils
  - Humulene
    - Primary oil responsible for “hoppy” nose
  - Caryophyllene
    - Similar to Humulene and closely related to oils found in citrus and marijuana
  - Farnesene
    - Typically found in small amounts, has a grassy, green apple aroma (higher in some varieties like Sterling and Tettmanger)
  - Myrcene
    - Comprises the majority of the oil fraction, ranges from floral to metallic depending on concentration

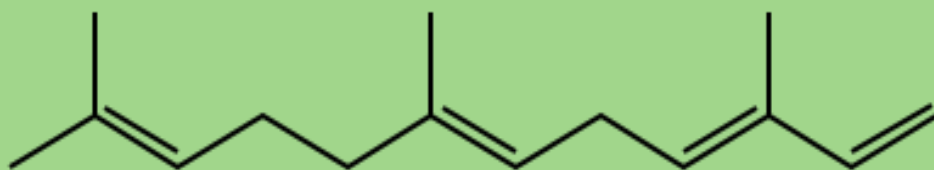
# Know Your Oils



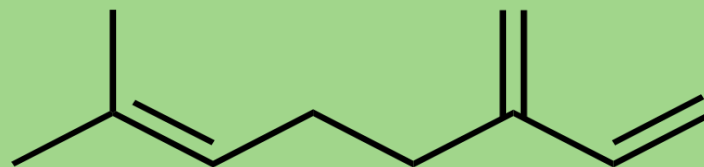
Humulene



Caryophyllene



Farnesene



Myrcene

# High Oil $\neq$ Big Hop Aroma

- 2015 OSU study shows absolutely no link between high oil content and dry hop aroma
  - Also shows no correlation between myrcene, humulene, or caryophyllene and dry hop aroma
- Individual levels of linalool and geraniol also show NO correlation to dry hop aroma

# Where's the Stink Then?

- OSU study shows that dry hop aroma is correlated with:
  - Farnesene content
  - Linalool:geraniol ratio
  - Beta damascone
  - Geranyl acetate
  - Terpen-4-ol
- What do all of these compounds have in common?

*Highly volatile, low human threshold, sensitive to harvest timing and storage conditions, extremely sensitive to heat destruction*

# Fruity and Floral

Compound	Characteristic	Taste threshold	Boiling Point
linalool	floral (lavender like), citrusy	180 ppb	199°C
geraniol	rose like	40-75 ppb	230°C
B-ionone	Woody, berry, floral, green and fruity	40 ppb	127°C
citronellol	floral rose waxy geranium oil powdery	40ppb	225°C
ethyl 2-methyl-butanoate	berry, grape, pineapple, mango and cherry notes	0.2ppb	133°C
nerol	lemon, bitter, green and fruity	300ppb	227°C
nonanal	citrus, cucumber and melon rindy,	6-12ppb	193°C
octanal	peely citrus orange	5-45ppb	172°C

# Herbal and Pine

Compound	Characteristic	Taste threshold	Boiling Point
$\alpha$ -pinene	Woody, piney and terpine-like	6ppb odor	155°C
$\beta$ -pinene	Woody, piney and terpine-like with slight mint	140ppb odor	164°C
$\alpha$ -caryophyllene	Woody spicy earthy	210ppb	268°C
$\alpha$ -humulene	Woody, herbal, spicy	120ppb	276°C
farnesene	Fresh green vegetative with celery	2ppm	206°C
myrcene	Woody, vegetative, citrus, fruity with tropical mango	30-200ppb	167°C

# Tropical and Dank

Compound	Characteristic	Taste threshold	Boiling point
4-mercapto-4-methylpentan-2-one	black currant, passionfruit, gooseberry, lychee, guava	3 ppt	181 °C
3-mercaptohexan-1-ol	passion fruit, tropical fruit, guava, sulfurous, grapefruit in dilution	60 ppt	198 °C
3-mercaptohexylacetate	tropical fruit, passion fruit, black currant	4 ppt	186 °C
(e,z)-1,3,5-undecatriene	pineapple	0.2 ppb	206 °C

Predominately found in Simcoe, Summit, Apollo, Topaz, CTZ

# Oxidation Definition

## Chemical Definition:

1.The combination of a substance with oxygen.

2.A reaction in which the atoms in an element lose electrons and the valence of the element is correspondingly increased.

# Oxidation can be Good

Convert low odor oils into compounds with floral, citrus, and spicy notes

- Caryophyllene oxide
- Humulene epoxides hydrolyze (break apart in the presence of water) to products with favorable characteristics
- Myrcene oxidation products improve the flavor of myrcene

Yang, Xiaogen, Lederer, Cindy, McDaniel, Mina, and Deinzer, Max. Hydrolysis “Products of Caryophyllene Oxide in Hops and Beer”. *J. Agric. Food Chem.* 1993, 41, 2082-2085

# Oxygenated Fraction of Hops Oil Examples

## Alcohols

- Linalool  $\Rightarrow$  floral
- Geraniol  $\Rightarrow$  floral
- (Z)-3-hexene-1-ol  $\Rightarrow$  green

## Ketones

- beta-ionone  $\Rightarrow$  floral
- (Z)-1,5-octadien-3-one  $\Rightarrow$  green

## Esters

- 2-phenylethyl-3-methylbutanoate  $\Rightarrow$  floral
- Ethyl-3-methylbutanoate  $\Rightarrow$  citrus
- 2-methylpropanoate  $\Rightarrow$  citrus

## Aldehydes

- (Z)-3-hexanal  $\Rightarrow$  green
- (E,Z)-2,6-nonadienal  $\Rightarrow$  green

# The Boil



- Highly volatile compounds lost from the water phase
  - Myrcene levels are reduced by  $\frac{1}{2}$  every 5 minutes during boil
- Extraction of low volatiles
  - Allows oxidation of compounds such as humulene and caryophyllene, to generate odor complexity

## End of Boil / Whirlpool

- Linalool extraction is late boil and whirlpool gives highest extraction (can increase during fermentation)
  - Remember about yeast transformation...
- Small amounts of low boiling point compounds maintained, less than dry hopping

<https://beersensoryscience.wordpress.com/2012/02/16/linalool-fresh-and-floral-hop-aroma/>

# Dry Hopping

- Essential for capturing low boiling point compounds
- Extraction is temperature dependent
  - @ 23°C extractions are complete in four hours
  - @1°C hydrocarbon extractions peak in 3 days
  - Longer times do not increase the amount of extraction

Wolfe, Peter Harold, A Study of Factors Affecting the Extraction of Flavor When Dry Hopping Beer Oregon State University, 2012

# Primary or Secondary?

- Citronellol and nerol can be metabolized by yeast
- Vigorous CO<sub>2</sub> scrubs aroma compounds
  - Super intense head space aroma?
- Secondary additions to keep very delicate aromas
  - Mandarin, froot loops, bright citrus
- Increase of linalool, geraniol, nerol during aging
  - Acid hydrolysis of glutamates

## Tips for Storing Opened Hops

- Store in a cold place out of light
  - <32°F best
- If possible purge hops with CO2 or Nitrogen
- Vacuum sealing is best
  - However, if that is not available storing pellets in a 5 gallon pail purged with CO2 and sealed will help reduce oxidation

# Summary

- Building flavor profiles requires understanding how aroma components act in brewing conditions
- Flavor is complex and influenced by oxidation and evaporation of aroma components
- Maintain the quality of the hops so that you can achieve reproducible results
- Demand quality production, processing, traceability

# Where to go for more information

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- Lermusieau, G. and Collin S. *Chapter 5 Hop Aroma Extraction and Analysis in Molecular Methods of Plant Analysis. Analysis of Taste and Aroma.* Jackson J.F. and Linskiens, H.F. Springer-Verlag, Berlin, Germany, 2002
- Johnston, Charles. <http://www.brewerschoice.net.au/html/hop%20varieties.htm>,

## Questions

- On-line classes
- Podcasts
- Research
- Consulting
- Speaking

